Men's behaviour change (MBC) 18–29 pathway

Developed & delivered by Relationships AUSTRALIA · VIC

Information for professionals

A dedicated behaviour change pathway for men aged 18–29 who use, or have used, family violence and have a connection to the inner east or outer east regions of Melbourne.

Age-tailored, trauma-informed support at all stages

This pathway actively engages and supports men aged 18–29 who use family violence to take responsibility for and change their behaviour.

Individual and group programs

Our family violence practitioners:

- assess men for entry into our age-tailored men's behaviour change (MBC) and men's case management (MCM) programs
- coordinate access to specialist services including mental health, alcohol and other drugs, and housing services. The MCM program provides each client with up to 20 hours of individual support, which can be accessed weekly
- run up to 20 small-group MBC sessions.

Family violence education

A core focus of programs is helping participants to understand how abuse, control and violence affect family members including children.

Family safety support

Family safety is a vital part of our programs. Our staff will contact the family members of men in our programs to offer them support and assistance they might need. We do this because people exposed to or affected by family violence also need support.

Location

Groups: In person in Ringwood.

Individual sessions: In person at our Kew and Boronia Centres, or via telehealth.

A targeted pathway

- Responsive to developmental/life stage, relationship history and digital literacy
- Added flexibility supports engagement, recognising barriers that impact younger men's participation in broader programs
- Age-targeted program content and facilitation improves engagement
- Provides wraparound support through a mix of individual and group programs

Cost

Fully-funded and provided at no cost to clients.

Referrals

We welcome referrals from courts, police, members of The Orange Door (Support and Safety Hub), Men's Referral Services, specialist family violence services, child protection and Child FIRST/family services, mental health and alcohol and other drug services, and other community service programs.

Individuals can also self-refer into the program using the contact details below.

Learn more or refer a client

Call: (03) 9725 9964

Email: fvteambor@rav.org.au

Visit: rav.org.au/mbc18-29

VICTORIA State Government

Relationships Australia Victoria acknowledges the support of the Victorian Government.

(26085)

We pay respect to First Nations Peoples of Victoria as the Traditional Owners and Custodians of the lands and waterways. We acknowledge the pain caused by colonisation including disconnection from land, loss of life and freedom, and the forced removal of children.

We're committed to providing safe, inclusive and accessible services for all people.